

CVQG

Champlain Valley Quilters Guild of New York

Volume XXXIII November 2009

web address: cvqgny.org

President's Message

My life is not stress free, but it's a lot less stressful than it was a month ago. The quilt show was a rousing success AND IT'S OVER. And the decision to move to a new location for our Guild meetings was made; our belongings are in place AND IT'S OVER. Change can often be unwelcome and difficult to accept. While we were not intentionally looking for a new location, this may turn out to infuse the Guild with new ideas and programs. I looked up the word "moving" in my thesaurus to see if it would provide some inspiration for my message on this occasion. Meaning #1 is IN MOTION: going, coming, proceeding, advancing, ascending, descending, reversing. These are powerful action words and I choose to think we are opting for the forward thinking words. Our Guild will be advancing and ascending by making this move. Meaning #2 is RELOCATING: transferring, vacating, pulling up roots, emigrating, migrating, flying the coop. The last two remind me of the flying geese block and I'm thinking there should be a "pulling up roots" block, because that's what it feels like to me. Many of you have been in the Guild for a long time and remember other meeting places. Bailey Avenue School was where I joined 5 years ago, and it will always be special to me. I'm going to miss it and I know you will too. Bringing me to meaning #3, which is EFFECTING THE EMOTIONS: touching, stirring, rousing, striking a nerve, plucking at the heartstrings, heart-wrenching. For better or worse, this move will have an effect on all of us. There will be aspects of the move that we embrace wholeheartedly, and others that we'll have to adapt to. I choose to focus on the positive, by thinking that we are stirring and rousing ourselves, shaking off the dust of our routines and opening ourselves up to new possibilities. We have the potential to improve our organization and expand our horizons. Let us seize this moment and begin a new chapter in the Guild's history. Looking for some "piece" and quiet, -Lorene

Thank you Lorene and Pete for moving all that stuff!

Featured Quilter Brenda Racette

Hi, I'm Brenda Racette and I live in Plattsburgh. I have been married for 28 years to my husband Elston. We have three children. Derrick is engaged to Heidi Dragoon and lives in Plattsburgh. Katrina lives in Hudson Falls, and Shane also lives in Plattsburgh. Oh, and last but not least, I cannot forget "Gus". He is my other child, even though he has four legs. I have worked at Country Expression for seven years. Hmmm - if only I could quilt flowers!



I started sewing in 1982, making baby things and sewing crafts. I then thought that I should learn to make quilts! I bought pre-quilted fabric, broadcloth, scissors and pins. Well, as I sewed the fabric and broadcloth together, flipped it right side together and tied it, I thought I was on the way to being a quilter! Then, everything kind of got put on the back burner as our family was growing.

In 1990, I got brave and bought some more fabric to make a pieced quilt. Nine patches from a book pattern. I used to draw around templates using an ink pen. I made two of those quilts. Well now I thought that those quilts were so beautiful - But what did I have to compare it to? . On the back burner again!

In 1997 when my Dad passed away, I wanted something to keep my mind busy. So I went to work at Jo-Ann Fabrics. I bought a couple of quilt magazines, a rotary cutter (didn't know what that

continued on page 2

Fabric Postcard Challenge

So what is a fabric postcard?

It is a mail-able postcard made with fabric and a stiff stabilizer like Timtex, Peltex or Fast2Fuse. Use your creativity to create the front image and use a light colored plain fabric for the back (writing side). Fuse your fabric to the stabilizer and secure with stitching around the perimeter. Add the word "Postcard" at the center top of the back and voila you have a fabric postcard.

Links to fabric postcard tutorials are linked on the cvqgny.org web page.

A workshop on making fabric postcards will be offered this winter. Timtex will be available for sale at the guild meetings for 50 cents per 6½ x 4½ inch piece.

Challenge Requirements:

1. Postcard must measure 4x6 inches (can have vertical or horizontal orientation)
2. Must use a stabilizer like Timtex or similar product (no batting - too flimsy)
3. Front and back of card must be covered by fabric
4. Postcards must have finished stitching around the perimeter of the card
5. Oodles of creativity!
 - Use any sort of piecing or appliqué techniques!
 - Embellish with relish! (beads, ribbon, rhinestones, buttons, fabric paint, etc...)

Challenge Categories:

1. Individual postcard - fabric only
2. Individual postcard - embellished
3. Postcard Set (2 or more postcards sharing a theme)

Challenge Deadline: All postcards should be brought to the June meeting.

Programs

Tonight's meeting will feature **Diana Shink**, AQS Certified Quilt Appraiser from the Montreal area with a Trunk Show of "Fringes and Frills." Diana has connections with the Plattsburgh area as she received her master's degree from SUNY Plattsburgh.

Tomorrow (Nov. 5), Diana will conduct a workshop on "Edge Furnishes Through the Ages", the same class she presented at Paducah in April 2009. There are still openings, see The Kathy's. Price for the class is \$15.00

Also, Beth will be distributing the Five Fat Quarters for the Brown Bag Activity tonight, to those of you participating.

December 9 - Potluck Dinner, Optional gift exchange, Presentation and judging of children's quilted blocks.

January 13 - Quilter's game night with Lorene and please bring something for the local food shelf

February 10 - Pat, Bev and Diana will present a talk "How to Prepare a Quilt for Show Entry" and what parameters the judges use in the selection of winning quilts.

March 10 - A "Teddy Bear Picnic"

April 7 - Kitty will MC the return of the Brown Bag Activity.

May 12 - "The Singing Quilter", Cathy Miller from British Columbia Canada, will speak (and sing.)

May 13 Cathy will present a workshop on "Raw Edge Reverse Machine Appliqui."

June 9 - Potluck dinner, return of the challenge, WIPS, and UFOS.

Brenda continued

would have been used for before now) . I would read the magazines from cover to cover. I started buying all of the gizmos and gadgets and trying them all out. I had been teaching myself how to quilt. At first, I thought that I was one in a million being a "quilter." Then as time went by and I was meeting people from work and customers at the store, I really wasn't the only one. Wow! I kept meeting all of these people with the same interest as me. Judy Landry was always there to help me along my quilt path. I would ask everyone questions. Then Rose Kelly asked me to come to a guild meeting. I put it off for awhile because I didn't think that I would be good enough.

My advice to new quilters would be to join the guild, take as many classes as you can, ask a lot of questions...

I went to my first meeting to see what it was all about. The library was unbelievable! All of those patterns available each month. Then came Show and Tell. Oh my, could you believe all of those gorgeous pieces all in one room. Then came Nan Mitchell with her blue applique quilt!! What an inspiration! Forget about everything else! Could I maybe make one someday? I have now begun to get a little bit comfortable with applique. When I finally grow up, I am going to make Nan's quilt! My advice to new quilters would be to join the guild, take as many classes as you can, ask a lot of questions, and join a group or start one of your own. Most of all, have fun, make wonderful friends and enjoy your God given talent!

Community Outreach

Many thanks to the 9 enthusiastic members who attended the Christmas Community Service Sew-A-Thon on Saturday, October 24th to make ornaments for the ARC Christmas tree. A great time was had by all with lots of sewing, gluing, decorating, visiting, and laughter. We ooh'd and aah'd over the finished ornaments as they are all so cute. Judy Landry was sure that we were all starving (and we were) and made us some freshly-baked chocolate chip cookies with apple cider. There is nothing like cookies baking in the oven and smelling wonderful to put you in the holiday spirit. We even ate them before lunch because we couldn't resist.

I had a great time. This was my first year making ornaments and you can be sure I will be there next year too. Thanks to Mary Lou Beauharnois for making this fun event happen.

A very special thanks to the Monday Night Cutups for joining us and especially for the outstanding decorations they made at their meetings. Our goal would not be reached without their dedication to Community Outreach.

Thank you to the Ladies of the Lake who made up over 80 kits to be worked on.

Our October donations were 18 quilts, 2 heart pillows, 1 quilt top, and pet bed filling. At the October meeting, we gave out 13 pet beds to members be filled. We have some more to give out this month. Stop by the Outreach table to pick one up.

If you need batting or backing for a quilt top, please let us know the size you need. If you would be able to make a quilt top for us, we would also be happy to supply you with the fabric to do so. You don't need to quilt it if you would prefer not to, just bring in the top and we will ask someone to do the

quilting. Stop by the Outreach table and let us know and we will bring you some. You can also e-mail or call me with the information (minnies@charter.net, 562-1267).

We would like to recognize and thank all of the generous contributors to the Community Outreach Program.

Quilt Pantry Project (Quilt Tops/Quilting/Finishing Quilts/Completed Quilts/Fabric Donations) - **September** - 2008-2009 Community Outreach Committee, Dorothy Colby, Donna Crowningshield, Lorene Forttrell, Joyce Grover, Theresa Guay, Ladies of the Lake, Joy Mazur, Kerry Mero, Carolyn Tyndall, Sandra Zmyewski. **October** - Janet Altman, Karen Barber, Lora Barshow, Nancy Dayton, Mary Gagnier, Ladies of the Lake, Judy Landry, Kathi McCleery, Kerry Mero, Edith Surprenant, Sandra Zmyewski

Pet Bed Project (Pet Beds/Fabric Donations) - **September** - Lora Barshow, Mary Lou Beauharnois, Dorothy Colby, Pat Flath, Lorene Forttrell, Vicki Kirby, Joy Mazur, Sue Minnie, Pam Schafer, Bev Stellges. **October** - Betty Ashline, Theresa Guay, Marie Miller, Edith Surprenant

Heart Pillow Project (Heart Pillows/Fiberfill/Fabric Donations) - **September** - Mary Lou Beauharnois, Nancy Ellsworth, Lorene Forttrell, Linda Maltzan, Patricia Paola, Vicki Kirby. **October** - Nancy Ellsworth

If I missed anyone, please let me know so I can correct it next month. We would appreciate it if you could be sure to give us your name when you bring a donation to us.

The Outreach Committee is in need of fabric for quilt backs – our quilt back cupboard is looking pretty bare. Could you please check your boxes, cupboards, and closets to see if you have any larger cotton fabric pieces that you could donate to help us out. It doesn't have to be large enough to do the entire back. Bed sheets are also great.

Thanks as always for your great support; we are looking forward to a successful program with lots of quilts, pet beds, and heart pillows to donate to our very worthy causes. Keep those sewing machines humming J.

The Holidays are Coming faster than we planned so it might be time to visit your local Quiltshops and start some projects. I am trying to remember all of them but if I failed, let me know and I will include them next month. Mary Lou

Deer Mountain Fabrics, 79 Hammond Lane,
Plattsburgh, NY, 12901 (518) 561-5209

Dream Crafters Quilt Shop 1422, State Route 37,
Bombay, NY, (518) 358-4285

Fibre Junction Quilt Shoppe, 69 Lake St.,
Rouse Point, NY 12979 (518)-297-9797

Loose Threads, 164 Boynton Ave.,
Plattsburgh, NY 12901 (518) 825-0268

Maw & Paw Quilt Shop, 4954 Military Turnpike,
Altona, NY 12910 (518) 236 5762

Classes

Nov 5. Diane Shink, Guest Speaker, Edge Finishes Through the Ages, \$25.0, Point au Roche Fire Station, 9:30 - 12:30

Supply List for Workshop on Edge Finishes

By **Diane Shink**

November 5, 2009 - 9:30 am to 12:30 pm

Pointe au Roche Fire Station

We will be learning how to do various edges on a prepared pre-quilted block

Sewing machine in good working order

Thread to match fabric

Paper and pencil

Marking pencil

Standard sewing supplies (pins, needles, etc.)

Cutting board, rotary cutter, plexi-glass ruler and scissors

Please bring two blocks sandwiched or a small pre-quilted block with matching ribbon and lace, the lace and ribbon to will be used as we learn types of edgings for our quilts.

Or you may prepare for class by cuffing 5 strips of fabric 1 1/2 by 12 inches, sewn together lengthwise with a 1/4 inch seam allowance. You will then need backing and batting.

You are also encouraged to bring one quilt with an interesting finish or an unfinished project to the workshop for consultation.

If you don't want to bring your machine, come, watch and learn!

Nov. 12 JoAnn Forkey—Christmas Wall Hanging—\$10.00—Gov. Ctr—6:00 - 9:00—

Nov. 14 Sylvia Brown—Star Wall Hanging—\$18.00—Point au Roche Fire Station—bring lunch—9:30 - 4:00

Nov. 19 Sue Donohue—Pineapple Table Runner—\$10.00—Gov. Ctr.—6:00 - 9:00—Closing Date: 11/05

May 13 Cathy Miller, Guest Speaker—Raw-edge reverse, Machine Applique—\$25.00—Point au Roche Fire Station—9:00 -1:00—

As we mentioned at the last meeting, classes will now have a closing date of three weeks prior to the date of the class. This is to be fair to both the teachers and the students so they can make other plans if the class is canceled, or if some participants want to wait until that time to purchase their fabric.

We don't have our dates for next year. We are interested in what kind of classes you would like, let one of the Kathys know and we will see if we can find the teachers. Teacher, if you have any items you want to teach, bring a sample to a meeting so we can see how many would be interested and set a date. (We need to see a sample.)

-Thank you, the Kathys

CVQG Treasurers Report -Donna

INCOME	Actual	Expense
Block of the Month	\$129.05	236.24
Challenge	—	29.07
Classes	216.00	—
Fines	4.75	—
Library	20.00	—
Membership	2285.00	10.03
Community Service	—	137.04
Door Prize	—	22.23
Exec Board	—	59.84
Bank	—	4.00
Newsletter	—	172.93
Refreshments	—	43.89
Total	2654.80	715.27

*You can always tell a
quilter from the threads
she wears...*

quotes from aprariehomequilts.com

**Minutes of the CVQG
October 14, 2009 Monthly Meeting**

President Lorene Forttrell called the meeting to order at 7:14 p.m. after our guest speaker for the night Amanda Palmer, Curator of the Alice T. Miner Museum spoke about the Circuit Rider's Quilt and Mrs. Miner. Lorene welcomed all members and guests in attendance.

The minutes were approved as submitted.

The treasurer's report will be filed for audit.

New Business: We will be moving to the Senior Center at 5139 North Catherine Street, Plattsburgh New York starting with the November 4, 2009 meeting. The meetings will now begin at 6:00 P.M.

Committee Reports:

Block of the Month: There were 15 blocks returned tonight. The winner of the blocks for this month was Diana Archambault.

Classes: Kathy announced that 3 weeks prior to each class would be the cut off date for having 8 people sign up for a class. Diana Shink's workshop on November 5th has been reduced to \$15. The workshop is from 9:30A.M. to 12:30 P.M at the Point Au Roche Firehouse.

Programs: Diana Shink will be the speaker at our November 4th meeting. She is an AQS Certified Quilt Appraiser. She will discuss her Trunk Show "Fringes and Frills". On November 5th she will conduct a workshop on "Edge Finishes Through the Ages".

Library: Kitty has free books and magazines left over from the Quilt Show for members to take home. If interested stop by the library.

Brown Bag Challenge: If you forgot to bring your fat quarters tonight -just drop them off by October 23rd at *Loose Threads*. The Brown Bag Challenge will be distributed at the November Monthly Guild meeting. The completed Brown Bag Challenge returns in April.

Community Outreach: Sue Minnie announced that 14 quilts were donated for charity, 22 pet beds donated to the local pet shelter and 12 heart pillows donated to the Oncology Center. She also received a kit for sewing and 7 bags of fiberfill. A Sew-A-Thon is in the planning stages.

Christmas Outreach: Mark your calendar for Saturday October 24, 2009 at the Point Au Roche Firehouse- we will be making Christmas tree ornaments for the ARC Christmas Tree. See you there.

Start working on your 12 inch finished Children's Block for our December meeting.

Challenge: The Challenge this year is a fabric postcard due in June. *Timtex* will be available for sale at the Guild meetings for 50 cents.

Website: Michelle announced that the Block of the Month will have a page on our web site and will be featured in color. There will also be a Challenge Page featuring the Brown Bag Challenge and the Fabric Postcard Challenge.

Quilt Show: Debbie Patnode thanked everyone for their help with the 2009 Quilt Show.

Door Prize: The winners were: Michelle Toth and Barbara O'Neill.

Meeting adjourned at 8:00 P.M. for Show and Tell.

Respectively submitted, Karen Nichols

Block of the Month November 2009

CVQG Block of the Month November 2009
(pattern from Eleanor Burns' "Stars Across America")

"Eleanor Roosevelt Star"

(For a photo of the completed block, check the Block of the Month page on the website. This will help you with correct fabric placement!)



MATERIALS/CUTTING INFO:

You will need to trim kit pieces to these sizes:

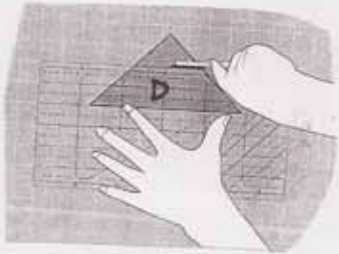
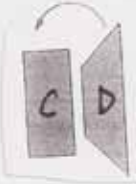
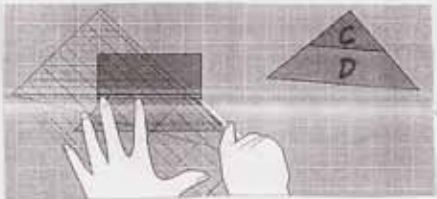

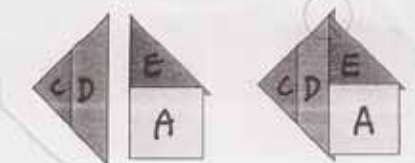
COLOR A	COLOR B	COLOR C	COLOR D	COLOR E
White tone-on tone	Blue tone on tone	Light blue floral	Blueberry print	Blue with silver swirl
One 7 1/4" square	One 3 1/2" square	Two 3 1/4" squares	One 7 1/4" square	Two 3 7/8" squares
Four 3 1/4" squares		Four 2 1/4" x 5" rectangles		

SEWING INSTRUCTIONS: **Reminder: use scant 1/4" seams for accuracy!**

Center square-in-a-square unit:

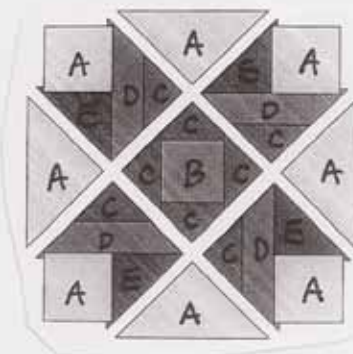
<p>Cut both COLOR C 3 1/4" squares in half diagonally. Sew two triangles to opposite sides of the COLOR B 3 1/2" square (line up base of triangle to side of square; points of triangle will extend approx. 3/8" beyond edges of square).</p>	
<p>Press seam allowances away from square. Square up block to 4 1/4" (center ruler at 2 3/8" inch line and trim)</p>	

Triangle units: Make four identical units

<p>Cut COLOR D 7 1/4" square across both diagonals to create four smaller triangles. Stack the four triangles. Measure up 2" from base. Cut away upper part and discard.</p>	
<p>Sew COLOR C 2 1/4" x 5" rectangles to upper edge of trimmed COLOR D triangles (hint: fold each unit in half to find center). Edges of rectangle will extend past unit. Press seam allowance to triangle base.</p>	
<p>Lay ruler on sewn piece matching ruler edges with triangle edges. Trim strip to form triangle.</p>	
<p>Cut two COLOR E 3 7/8" squares in half diagonally. Sew these to right side of four COLOR A 3 1/4" squares as shown.</p>	
<p>Attach C/D triangles to A/E units as shown, matching triangle edges. Press seam allowances away from large triangle. Trim circled tip.</p>	

Block assembly:

Cut 7 1/4" **COLOR A** background square across both diagonals to create four triangles. Lay out block as shown. Sew 2 background triangles to either side of a triangle unit. Attach two triangle units to either side of center square-in-a-square unit for middle row. Sew rows together
Block should be 12 1/2" square!! Do not trim.



Officers and Committee Chairs

President, Lorene Forttrell
518-846-7793
scrabblemoma@yahoo.com

Vice President & Programs, Kay Kern
518-846-7453.
kkern001@twcny.rr.com

Secretary, Karen Nichols
518-561-3133
knich@northnet.ORG.

Treasurer, Donna Crowningshield
518-873-6311
ddcwgc@localnet.com

Newsletter, Carolyn Tyndall
15 Hardy Rd., Plattsburgh, NY 12901
518-578 - 5400, ctyndall@charter.net
Mary Lou Beauharnois
518-846-3312
grammie47@twcny.rr.com

Committees:

Block of the Month: Kerry Mero
518-962-8790
kmero@elcsd.org

Challenge: Michelle Toth
518-293-1392
tothmm@plattsburgh.edu

Brown Bag Challenge: Kitty Stygles
518-563-7142
kittysty48@charter.net

Classes: Kathy Russell
518-846-7420 cell: 578-3675
kathequiltlady@twcny.rr.com
Kathy Baier 518-846-7134
tbaier@twcny.rr.com

Door Prizes: Mary Lou Beauharnois
518-846-3312
grammie47@twcny.rr.com

Historian/Parliamentarian, Pat Flath
flathp@roadrunner.com

Library: Kitty Stygles
518-563-7142
kittysty48@charter.net

Membership: Linda Maltzan
518-873-9926
blmaltz@charter.net

Nominating Committee

Quilt Show 2011: Sue Donohue
518 562 9474
threads505@verizon.net

Refreshments, Billie Hill
518-561-7670

Community Outreach, Sue Minnie
518-562-1267
minnies@charter.net

Welcome, Pat Bleakley
518-425-6839
craftyquilter1@gmail.com

Trips, Joy Mazur
518-561-3875
Mazurjoy@yahoo.com

Homework

November

- ◆ beverage and place setting
- ◆ name tag
- ◆ \$20 dues and completed form for new address list
- ◆ library books
- ◆ 12" child's block
- ◆ optional gift for exchange
- ◆ covered dish to share

Items for the newsletter are due each month on the Saturday before the Executive Board meeting which is the first Wednesday of the Month.

Next Executive Meeting—December 2, 2009, **Ponderosa**

Next Membership Meeting—December 9, 2009, **Senior Center**

Membership

Many thanks to Nancy Ellsworth, Mary Lou Beauharnois, Jean Stow, Patti Gonyea, Carolyn Tyndall and Carol Crowningshield for manning the membership table at the Quilt Show. Your help was greatly appreciated.

This has been a difficult time for me as my 89 year old mother is failing and I've been spending time with her. Because I'm out of town I'm not able to do the Welcome to the Guild section and will catch up next newsletter. Thank you for your understanding. -Linda Maltzan

CVQG c/o Carolyn Tyndall
15 Hardy Rd.
Plattsburgh, NY 12901

Webmaster: Michelle Toth [emailto:tothmm@plattsburgh.edu](mailto:tothmm@plattsburgh.edu)